

# BEIRUT RESTAURANT

*A Taste Of Lebanon*



*In Doughtown Troy, NY*

## GLUTEN-FREE MENU

### APPETIZERS (All Gluten Free and Vegan)

**HUMMUS** – Mashed chickpeas with garlic, lemon and tahini sauce topped with extra virgin olive oil

**BABA GHANNOUJ** – Smoked eggplant mixed with garlic, lemon and tahini sauce topped with extra virgin olive oil

**STUFFED GRAPE LEAVES** – Tasty grape leaves filled with rice and vegetables

**GARLIC FRIES** – Potato fries topped with our signature garlic paste and some dried mint

Small: \$4.00      Large: \$7.00

**MEZZA** - A scrumptious combination of our vegetarian dishes: Hummus, Baba Ghannouj, Stuffed Grape Leaves, Makdous, Falafel and Tabbouli

Small: \$8.00      Large: \$14.00      **Appetizer For 2: \$16.00**

### SALADS (All Gluten Free and Vegan)

**TABBOULI** – Minced Pasley, tomato, onion and mint mixed with lemon juice and olive oil


Small: \$4.50      Large: \$7.50

**LEBANESE SALAD** – Fresh lettuce, tomato, and onion in a delicious garlic dressing, topped with black olives, feta cheese and stuffed grape leaves

Small: \$4.00      Large: \$7.00

### DINNERS (Dinners include your choice of a side of Hummus or Baba Ghannouj)

 **FALAFEL** – Chickpea patties served on a bed of lettuce, tomato, turnip pickles and tahini sauce      \$9.00

 **ZAATAR (THYME) & SPINACH** – Green spinach, tomatoes, onion and black olives, served with a tasty rich flavored zaatar mix (Thyme, sesame seeds and olive oil) on a bed of fresh lettuce      \$9.00

**CHICKEN SHAWARMA** – Chicken strips marinated in a delicious blend of Lebanese spices, served with our tasty garlic paste on a bed of rice with a side of Lebanese salad      \$12.00

**BEEF SHAWARMA** – Beef strips marinated in a delicious blend of Lebanese spices, served with our tasty garlic paste on a bed of rice with a side of Lebanese salad      \$13.00

**SHISH TAOUK** - Chicken breast marinated in a delicious blend of garlic, thyme and Lebanese spices with garlic paste, on a bed of rice and a side of Lebanese salad      \$12.00

**SHISH KABAB** – Beef patties prepared with onion, parsley and a special blend of Lebanese seasoning      \$13.00

### HOME COOKING (All Gluten Free and Vegan)


**MOUJADARA** – Lentils and rice served with golden onions and a side of Lebanese salad

**MOUSAKAA** – Eggplant cookes with onion, garlic, chickpeas in our special tomato sauce

**LOUBYEH** – Cut green beans with garlic and onions, cooked in extra virgin olive oil, lemon juice and our rich tomato sauce

**LENTIL SOUP**      \$4.00

Small: \$6.00      Large: \$8.00

 Vegan and Gluten-Free

**GLUTEN  
FREE  
DESSERTS**

**HALVA CHOCOLATE  
LEBANESE COFFEE**