

BEIRUT RESTAURANT

A Taste Of Lebanon



In DOWNTOWN Troy, NY

GLUTEN-FREE MENU

APPETIZERS (All Gluten Free and Vegan)

HUMMUS – Mashed chickpeas with garlic, lemon and tahini sauce topped with extra virgin olive oil

BABA GHANNOUJ – Smoked eggplant mixed with garlic, lemon and tahini sauce topped with extra virgin olive oil

STUFFED GRAPE LEAVES – Tasty grape leaves filled with rice and vegetables

GARLIC FRIES – Potato fries topped with our signature garlic paste and some dried mint

Small: \$4.00 Large: \$7.00

MEZZA - A scrumptious combination of our vegetarian dishes: Hummus, Baba Ghannouj, Stuffed Grape Leaves, Makdous, Falafel and Tabbouli

Small: \$8.00 Large: \$14.00 **Appetizer For 2: \$16.00**

SALADS (All Gluten Free and Vegan)

TABBOULI – Minced Parsley, tomato, onion and mint mixed with lemon juice and olive oil


Small: \$4.50 Large: \$7.50

LEBANESE SALAD – Fresh lettuce, tomato, and onion in a delicious garlic dressing, topped with black olives, feta cheese and stuffed grape leaves

Small: \$4.00 Large: \$7.00

DINNERS (Dinners include your choice of a side of Hummus or Baba Ghannouj)

 **FALAFEL** – Chickpea patties served on a bed of lettuce, tomato, turnip pickles and tahini sauce \$9.00

 **ZAATAR (THYME) & SPINACH** – Green spinach, tomatoes, onion and black olives, served with a tasty rich flavored zaatar mix (Thyme, sesame seeds and olive oil) on a bed of fresh lettuce \$9.00

CHICKEN SHAWARMA – Chicken strips marinated in a delicious blend of Lebanese spices, served with our tasty garlic paste on a bed of rice with a side of Lebanese salad \$12.00

BEEF SHAWARMA – Beef strips marinated in a delicious blend of Lebanese spices, served with our tasty garlic paste on a bed of rice with a side of Lebanese salad \$13.00

SHISH TAOUK - Chicken breast marinated in a delicious blend of garlic, thyme and Lebanese spices with garlic paste, on a bed of rice and a side of Lebanese salad \$12.00

SHISH KABAB – Beef patties prepared with onion, parsley and a special blend of Lebanese seasoning \$13.00

HOME COOKING (All Gluten Free and Vegan)


MOUJADARA – Lentils and rice served with golden onions and a side of Lebanese salad

MOUSAKAA – Eggplant cooked with onion, garlic, chickpeas in our special tomato sauce

LOUBYEH – Cut green beans with garlic and onions, cooked in extra virgin olive oil, lemon juice and our rich tomato sauce

LENTIL SOUP \$4.00

Small: \$6.00 Large: \$8.00

 Vegan and Gluten-Free

**GLUTEN
FREE
DESSERTS**

**HALVA CHOCOLATE
LEBANESE COFFEE**